



## ***Gluten-Free Menu Items***

Wildflower Bread Company makes every effort to identify ingredients which may cause allergic reactions for those with food allergies. Our products are prepared in close proximity to products which may contain gluten; therefore, we can make no guarantees that these items are 100% gluten-free. Customers concerned with food allergies need to be aware of this risk.

### **Homestyle Breakfast**

#### **\* CHANGE/SUBSTITUTIONS MUST BE MADE FOR GLUTEN-FREE MEAL**

##### ***Country Link Sausage***

**Ingredients:** Pork, Water, Salt, Spices, Dextrose, Sugar, Autolyzed Yeast and Autolyzed Yeast Extract, Sodium Phosphates, Flavorings, BHA, BHT, Citric Acid, Beef Collagen Casing  
**Allergens:** None

##### ***Savory Bacon***

**Ingredients:** Bacon, Smoke Flavoring, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite  
**Allergens:** None

##### ***Taylor Ham***

**Ingredients:** Pork, Salt, Sugar, Spices, Lactic Acid, Starter Culture, Sodium Nitrite, Sodium Nitrate  
**Allergens:** None  
**Allergens:** Milk

##### ***Wildflower Home Fries***

**Ingredients:** Potatoes, Olive Oil, Rosemary, Garlic, Salt  
**Allergens:** None

##### ***Egg Whites***

**Ingredients:** Liquid Egg Whites (Egg Whites, Guar Gum, Triethyl Citrate)  
**Allergens:** Egg

##### ***Two Eggs***

**Ingredients:** Liquid Eggs (Whole Eggs, Citric Acid, Water)  
**Allergens:** Egg

##### **\* *Fruit Salad (order without pecan granola and Banana Nut Bread)***

**Ingredients:** Seasonal fruit, honey yogurt dressing.  
**Allergens:** Milk

##### **\* *Berry-Yogurt Parfait (order without pecan granola)***

**Ingredients:** Organic Plain Yogurt (Yogurt: Organic Grade A pasteurized milk and organic Grade A Nonfat Milk, Fructan (Nutraflora, a Natural Dietary Fiber), Pectin, Live and Active Cultures: *S. Thermophilus*, *L. Bulgaricus*, *L. Acidophilus*, *L. Casei*, *Bifidobacterium Longum*.), Triple Berry Mix (Water, Strawberries, Sugar, Marionberries, Raspberries, Modified Corn Starch, Citric Acid, Natural Flavor & Raspberry Juice Concentrate, Cellulose Gum & Carrageenan, Red #40 & Blue #1)  
**Allergens:** Milk

##### **\* *Feta & Roasted Vegetable Frittata (order without toast)***

**Ingredients:** Olive Oil, Liquid Eggs (Whole Eggs, Citric Acid, Water), Roasted Red Pepper (Red Peppers, Water, Salt, Citric Acid), Roasted Tomato (Roma Tomatoes, Olive Oil, Salt, Black Pepper), Roasted Zucchini (Green Zucchini, Olive Oil, Salt, Black Pepper), Roasted Eggplant (Eggplant, Olive Oil, Salt, Pepper), Feta Cheese (Pasteurized Milk, Nonfat Dry Milk, Salt, Cheese Cultures, Enzymes), Whipped Butter (Cream, Salt), Parsley  
**Allergens:** Egg, Milk



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### **Homestyle Breakfast Continued**

#### **\* CHANGE/SUBSTITUTIONS MUST BE MADE FOR GLUTEN-FREE MEAL**

##### **\* *Honey Cured Ham & Brie Frittata (order without toast)***

**Ingredients:** Liquid Eggs (Whole Eggs, Citric Acid, Water), Honey Ham (Pork, Water, Honey, Sugar, Sodium Lactate, Salt, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Brie Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Apple Leek Mixture (Leeks, Granny Smith Apples, Yellow Onions, Brown Sugar, Sage, Salt, Black Pepper, Unsalted Butter [Cream]), Whipped Butter (Cream, Salt), Olive Oil, Parsley

**Allergens:** Egg, Milk

##### **\* *Taylor Ham & Egg Sandwich (order without Ciabatta Roll)***

**Ingredients:** Liquid Eggs (Whole Eggs, Citric Acid, Water), Taylor Ham (Pork, Salt, Sugar, Spices, Lactic Acid, Starter Culture, Sodium Nitrite, Sodium Nitrate), Swiss Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes), Whipped Butter (Cream, Salt), Pan Coating (Vegetable Oils [Canola Oil, Partially Hydrogenated Winterized Soybean Oil and High Monounsaturated Sunflower Oil], Phosphated Mono and Diglycerides, Calcium Carbonate, Sodium Dioxide, Water, and Propellant)

**Allergens:** Egg, Milk

##### **\* *Sausage & Egg Sandwich (order without Ciabatta Roll)***

**Ingredients:** Liquid Eggs (Whole Eggs, Citric Acid, Water), Sausage (Pork, Water, Salt, Spices, Dextrose, Sugar, Autolyzed Yeast and Autolyzed Yeast Extract, Sodium Phosphates, Flavorings, BHA, BHT, Citric Acid, Beef Collagen Casing), Roasted Red Peppers (Red Peppers, Water, Salt, Citric Acid), Green Onion, Cilantro, Sharp Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto), Pan Coating (Vegetable Oils [Canola Oil, Partially Hydrogenated Winterized Soybean Oil and High Monounsaturated Sunflower Oil], Phosphated Mono and Diglycerides, Calcium Carbonate, Sodium Dioxide, Water, and Propellant), Whipped Butter (Cream, Salt)

**Allergens:** Egg, Milk

##### **\* *Roasted Tomato Feta & Egg Sandwich (order without Ciabatta Roll)***

**Ingredients:** Liquid Eggs (Whole Eggs, Citric Acid, Water), Roasted Tomato (Roma Tomatoes, Olive Oil, Salt, Pepper), Feta Cheese (Pasteurized Milk, Nonfat Dry Milk, Salt, Cheese Cultures, Enzymes), Basil, Whipped Butter (Cream, Salt), Pan Coating (Vegetable Oils [Canola Oil, Partially Hydrogenated Winterized Soybean Oil and High Monounsaturated Sunflower Oil], Phosphated Mono and Diglycerides, Calcium Carbonate, Sodium Dioxide, Water, and Propellant)

**Allergens:** Egg, Milk



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### **Tempting Salads (ORDER WITHOUT BREAD)**

#### **\* CHANGE/SUBSTITUTIONS MUST BE MADE FOR GLUTEN-FREE MEAL**

##### ***Dinner Balsamic Salad***

**Ingredients:** Field Greens (Red and Green Leaf Lettuce, Spinach), Tomatoes, Cucumbers, Balsamic Vinaigrette (Vegetable Oil [Soybean and/or Canola], Balsamic Vinegar, Water, Salt, Sugar, Garlic, Xanthan Gum, Spice, Caramel, Propylene Glycol Alginate, Calcium Disodium EDTA as a preservative, Paprika)

**Allergens:** Sulfites

##### ***Turkey Waldorf Salad***

**Ingredients:** Field Greens (Red and Green Leaf Lettuce, Spinach), Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphate, Vegetable Oil), Apples, Grapes, Crunch Mix (Carrots, Celery, Jicama), Coleslaw Dressing (soybean oil, water, sugar, vinegar, dehydrated egg yolk, spices, modified food starch, salt, xanthan gum, sodium benzoate, artificial flavor, lemon juice concentrate, and garlic), Red Onions, Balsamic Vinaigrette (Vegetable Oil (Soybean and/or Canola), Balsamic Vinegar, Water, Salt, Sugar, Garlic, Xanthan Gum, Spice, Caramel, Propylene Glycol Alginate, Calcium Disodium EDTA as a preservative, Paprika), Spicy Pecans (Pecans, Liquid Eggs [Whole Eggs, Citric Acid, Water], Cayenne Pepper, Cinnamon, Granulated Sugar), Dried Cranberries, Black Pepper, Salt

**Allergens:** Egg, Sulfites, Tree Nuts

##### ***Wildflower Salad***

**Ingredients:** Field Greens (Red and Green Leaf Lettuce, Spinach), Red Bell Peppers, Green Onion, Red Onion, Tomatoes, Crunch Mix (Celery, Jicama, and Carrots), Sunflower Seeds, Lavender Spice, Cilantro Lime Dressing (Soybean Oil, Water, Honey, Vinegar, Sugar, Salt, Granulated Garlic, Spices, Dehydrated Red Pepper, Cilantro, Cider Flavor, Dehydrated Onion, Lemon Juice Concentrate, Xanthan Gum, Dehydrated Green Peppers, Jalapeno Powder, Sodium Benzoate, Wine Flavor, Caramel Color, Cilantro, Lime Juice)

**Allergens:** None

##### **\* *Caribbean Cobb Salad (order without Spicy Herb Dressing; substitute a gluten-free dressing)***

**Ingredients:** Field Greens (Red and Green Leaf Lettuce, Spinach), Red Bell Peppers, Fruit Salad (Pineapple, Honeydew, Cantaloupe, Red Seedless Grapes, Seedless Watermelon), Bacon (Bacon, Smoke Flavoring, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite), Chicken Breast (Chicken Breast Fillets with Rib Meat, Water, Seasoning [Salt, Corn Syrup Solids, Maltodextrin, Dehydrated Chicken Broth, Chicken Fat], Grill Flavor [Partially Hydrogenated Soybean and Cottonseed Oil], Modified Corn Starch, Sodium Phosphate, Soy Protein Concentrate, and Carrageenan), Caribbean Jerk Spice (Salt, Spices [including Red Pepper], Dextrose, Caramel Color, Chives, and Sulfiting Agents), Spicy Pecans (Pecans, Liquid Eggs [Whole Eggs, Citric Acid, Water], Cayenne Pepper, Cinnamon, Granulated Sugar)

**Allergens:** Egg, Milk, Soy, Sulfites, Tree Nuts

##### **\* *Caesar Salad (order without croutons)***

**Ingredients:** Romaine Lettuce, Marinated Mushrooms (Mushrooms, Balsamic Vinaigrette Salad Dressing [Vegetable Oil (Soybean and/or Canola), Balsamic Vinegar, Water, Salt, Sugar, Garlic, Xanthan Gum, Spice, Caramel, Propylene Glycol Alginate, Calcium Disodium EDTA as a preservative, Paprika]), Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Caesar Dressing (Soybean Oil, Vinegar, Parmesan Cheese (Pasteurized Cow's Milk, Cheese Cultures, Rennet, Salt, Powdered Cellulose, Natamycin to protect flavor), Water, Corn Syrup, Egg Yolk, Salt, Anchovy Paste [Anchovies, Salt, Water], Garlic, Onion, Spice, Potassium Sorbate, Sodium Benzoate, Calcium Disodium EDTA as preservatives, Disodium Guanylate and Disodium Inosinate, Yeast Extract, Xanthan Gum, Citric Acid, Lemon Juice Concentrate, Caramel, Red Bell Pepper, Turmeric, Sunflower)

**Allergens:** Egg, Fish, Milk, Sulfites



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### Tempting Salads Continued (ORDER WITHOUT BREAD)

#### \* CHANGE/SUBSTITUTIONS MUST BE MADE FOR GLUTEN-FREE MEAL

##### \* *Chicken Caesar (order without croutons)*

**Ingredients:** Romaine Lettuce, Chicken Breast (Chicken Breast Fillets with Rib Meat, Water, Seasoning [Salt, Corn Syrup Solids, Maltodextrin, Dehydrated Chicken Broth, Chicken Fat], Grill Flavor [Partially Hydrogenated Soybean and Cottonseed Oil], Modified Corn Starch, Sodium Phosphate, Soy Protein Concentrate, and Carrageenan), Marinated Mushrooms (Mushrooms, Balsamic Vinaigrette Salad Dressing [Vegetable Oil (Soybean and/or Canola), Balsamic Vinegar, Water, Salt, Sugar, Garlic, Xanthan Gum, Spice, Caramel, Propylene Glycol Alginate, Calcium Disodium EDTA as a preservative, Paprika]), Parmesan Cheese (Pasteurized Cow's Milk, Cheese Cultures, Rennet, Salt, Powdered Cellulose, Natamycin to protect flavor), Caesar Dressing (Soybean Oil, Vinegar, Parmesan Cheese (Cultured Milk, Salt, Enzymes), Water, Corn Syrup, Egg Yolk, Salt, Anchovy Paste [Anchovies, Salt, Water], Garlic, Onion, Spice, Potassium Sorbate, Sodium Benzoate, Calcium Disodium EDTA as preservatives, Disodium Guanylate and Disodium Inosinate, Yeast Extract, Xanthan Gum, Citric Acid, Lemon Juice Concentrate, Caramel, Red Bell Pepper, Turmeric, Sunflower)

**Allergens:** Egg, Fish, Milk, Soy

##### \* *Salmon Caesar (order without croutons)*

**Ingredients:** Romaine Lettuce, Salmon (Atlantic Salmon 99%, Salt, Sunflower Oil), Marinated Mushrooms (Mushrooms, Balsamic Vinaigrette Salad Dressing [Vegetable Oil (Soybean and/or Canola), Balsamic Vinegar, Water, Salt, Sugar, Garlic, Xanthan Gum, Spice, Caramel, Propylene Glycol Alginate, Calcium Disodium EDTA as a preservative, Paprika]), Parmesan Cheese (Pasteurized Cow's Milk, Cheese Cultures, Rennet, Salt, Powdered Cellulose, Natamycin to protect flavor), Capers, Caesar Dressing (Soybean Oil, Vinegar, Parmesan Cheese (Cultured Milk, Salt, Enzymes), Water, Corn Syrup, Egg Yolk, Salt, Anchovy Paste [Anchovies, Salt, Water], Garlic, Onion, Spice, Potassium Sorbate, Sodium Benzoate, Calcium Disodium EDTA as preservatives, Disodium Guanylate and Disodium Inosinate, Yeast Extract, Xanthan Gum, Citric Acid, Lemon Juice Concentrate, Caramel, Red Bell Pepper, Turmeric, Sunflower)

**Allergens:** Fish, Milk

##### \* *Combo Salad, Wildflower Almond Tuna Salad (order without Ranch Dressing; substitute a gluten free dressing)*

**Ingredients:** Field Greens (Red and Green Leaf Lettuce, Spinach), Clover Sprouts, Almond Tuna Salad (Albacore Tuna, Mayonnaise [Soybean Oil, Egg Yolks and Whole Eggs, Vinegar, High Fructose Corn Syrup, Water, Salt, Spices, Lemon Oil and Natural Flavorings, Calcium Disodium EDTA], Celery, Apples, Blue Diamond Smokehouse Almonds, Green Onion, Lemon Juice, Black Pepper), Tomatoes, Parsley

**Allergens:** Egg, Fish, Tree Nuts

##### \* *Combo Salad, Wildflower Chicken Salad (order without Ranch Dressing; substitute a gluten-free dressing)*

**Ingredients:** Field Greens (Red and Green Leaf Lettuce, Spinach), Chicken Salad (Cooked Chicken, Mayonnaise [Soybean Oil, Egg Yolks and Whole Eggs, Vinegar, High Fructose Corn Syrup, Water, Salt, Spices, Lemon Oil and Natural Flavorings, Calcium Disodium EDTA], Yogurt, Jicama, Celery, Bell Peppers, Green Onion, Lemon Juice, Spices, Garlic, Salt, Black Pepper), Clover Sprouts, Tomatoes, Parsley

**Allergens:** Egg, Milk

##### \* *Oriental Chicken Salad (order without crispy noodles and Thai Peanut Dressing; substitute a gluten-free dressing)*

**Ingredients:** Field Greens (Red and Green Leaf Lettuce), Red Cabbage, Green Cabbage, Green Onion, Cucumbers, Crunch Mix (Carrots, Celery, Jicama), Chicken Breast (Chicken Breast Fillets with Rib Meat, Water, Seasoning [Salt, Corn Syrup Solids, Maltodextrin, Dehydrated Chicken Broth, Chicken Fat], Grill Flavor [Partially Hydrogenated Soybean and Cottonseed Oil], Modified Corn Starch, Sodium Phosphate, Soy Protein Concentrate, and Carrageenan), Sesame Seeds, Almonds

**Allergens:** Soy, Tree Nuts



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### **Tempting Salads Continued (ORDER WITHOUT BREAD)**

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**\* *Fresh Fruit (order without granola and Banana Nut Bread)***

**Ingredients:** Seasonal fruit, Honey Yogurt Dressing (Yogurt (Organic grade A pasteurized milk and organic grade A nonfat milk, fructan (Nutraflora, a natural dietary fiber), pectin, live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. acidophilus*, *L. casei*, *Bifidobacterium longum*), Honey)

**Allergens:** Milk

### **Salad Dressings**

***Balsamic Vinaigrette***

**Ingredients:** Vegetable Oil (Soybean and/or Canola), Balsamic Vinegar, Water, Salt, Sugar, Garlic, Xanthan Gum, Spice, Caramel, Propylene Glycol Alginate, Calcium Disodium EDTA as a preservative, Paprika

**Allergens:** Sulfites

***Caesar Dressing***

**Ingredients:** Soybean Oil, Vinegar, Parmesan Cheese (Cultured Milk, Salt, Enzymes), Water, Corn Syrup, Egg Yolk, Salt, Anchovy Paste (Anchovies, Salt, Water), Garlic, Onion, Spice, Potassium Sorbate, Sodium Benzoate, Calcium Disodium EDTA as preservatives, Disodium Guanylate and Disodium Inosinate, Yeast Extract, Xanthan Gum, Citric Acid, Lemon Juice Concentrate, Caramel, Red Bell Pepper, Turmeric, Sunflower

**Allergens:** Egg, Fish, Milk

***Cilantro Lime Vinaigrette***

**Ingredients:** Soybean Oil, Water, Honey, Vinegar, Sugar, Salt, Granulated Garlic, Spices, Dehydrated Red Pepper, Cilantro, Cider Flavor, Dehydrated Onion, Lemon Juice Concentrate, Xanthan Gum, Dehydrated Green Peppers, Jalapeno Powder, Sodium Benzoate, Wine Flavor, Caramel Color, Cilantro, Lime Juice

**Allergens:** None

***Honey Yogurt Dressing***

**Ingredients:** Yogurt (Organic grade A pasteurized milk and organic grade A nonfat milk, fructan (Nutraflora, a natural dietary fiber), pectin, live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. acidophilus*, *L. casei*, *Bifidobacterium longum*), Honey

**Allergens:** Milk

***Fat Free Serrano Grape Dressing***

**Ingredients:** Water, Corn Sweetener, White Grape Juice Concentrate, Onions, Fresh Garlic, Serrano Chili, Salt, TIC loz (Gum Acacia, Modified Food Starch, Xanthan Gum) Modified Food Starch, Spice, Lime Juice Concentrate, Sodium Benzoate, Potassium Sorbate.

**Allergens:** None



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### **Hearty Soups (ORDER WITHOUT BREAD)**

#### ***Autumn Butternut Squash***

**Ingredients:** Water, butternut squash puree, organic apple puree, heavy cream, celery, carrot, rice flour, butter (cream, annatto color added seasonally), onion, sauteed vegetable base (cooked vegetables [carrot, onion and celery], salt, sugar, corn oil, potato flour and carrot powder), vegetarian base (water, salt, hydrolyzed soy and corn protein, soy protein concentrate, corn oil, onion powder, autolyzed yeast extract, flavoring, soy protein isolate, sugar, garlic powder, and turmeric), spices, leek, granulated sugar, ginger puree, salt, modified corn starch, hot curry powder (coriander, turmeric, salt, red pepper, cumin, fenugreek, chili pepper, cinnamon, ginger, mustard, allspice), cinnamon essence (water, cinnamon extractive, gum arabic, rosemary anti-oxidant).

**Allergens:** Milk, Soy

#### ***Black Forest Lentil***

**Ingredients:** Water, Tomato Sauce (Vine Ripened Fresh Tomatoes, Salt, Citric Acid, Onion Powder, Garlic Powder), Lentils, Crushed Tomato (Vine Ripened Fresh Tomatoes, Blend of Extra Virgin Olive Oil and Sunflower Oil, Fresh Basil Leaves, Salt, and Naturally Derived Citric Acid), Onion, Carrot, Chicken Base (Chicken Meat including Chicken Juices, Hydrolyzed Soy and Corn Protein, Potato Flour, Flavorings, Autolyzed Yeast Extract, Carrot Powder and Turmeric), Diced Ham (Cured with Water, Salt, Dextrose, Sodium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Modified Corn Starch, Salt, Garlic, Spices

**Allergens:** Soy

#### ***Curried Rice and Lentil***

**Ingredients:** Water, crushed tomato (vine-ripened fresh tomatoes, a blend of extra virgin and pure olive oil, fresh basil leaves, salt, and citric acid), lentils, long grain rice, vegetarian base (water, salt, hydrolyzed soy and corn protein, soy protein concentrate, corn oil, onion powder, autolyzed yeast extract, flavoring, soy protein isolate, sugar, garlic powder, and turmeric), onion, carrot, celery, leek, red bell pepper, modified corn starch, spices, salt, Tabasco pepper sauce (distilled vinegar, red pepper, salt).

**Allergens:** Soy

#### ***Potato Cream Cheese***

**Ingredients:** Water, potato, whole milk, cream cheese (pasteurized cultured milk and cream, salt, stabilizers [xanthan, carob bean and/or guar gums]), onion, chicken base (chicken meat including chicken juices, hydrolyzed soy and corn protein, potato flour, flavorings, autolyzed yeast extract, carrot powder and turmeric), modified corn starch, diced ham (cured with: water, potassium lactate, dextrose, salt, corn syrup, modified food starch, sodium phosphate, sodium diacetate, natural smoke flavor, sodium erythorbate, sodium nitrite), celery, salt, spices.

**Allergens:** Milk, Soy

#### ***Santa Fe Pepper***

**Ingredients:** Water, potato, tomato sauce (vine-ripened fresh tomatoes, salt, citric acid, onion powder, garlic powder), green bell pepper, red bell pepper, green chile (green chili peppers, salt, citric acid and a trace of calcium chloride), tomato filet (vine-ripened fresh tomatoes, tomato puree, salt, calcium chloride, citric acid), onion, vegetarian vegetable base (baked carrots, lima beans, natural flavorings, tomato paste, cooked potatoes, corn oil, celery and onions), salt, garlic, spices, modified corn starch, granulated sugar.

**Allergens:** None

#### ***Santa Fe Tortilla***

**Ingredients:** Water, crushed tomato (vine-ripened fresh tomatoes, a blend of extra virgin and pure olive oil, fresh basil leaves, salt, and citric acid), stone ground corn flour, onion, corn, green bell pepper, chicken base (chicken meat including natural chicken juices, salt, hydrolyzed soy and corn protein, sugar, potato flour, natural flavorings, autolyzed yeast extract, carrot powder and turmeric), red bell pepper, carrot, celery, butter (sweet cream, annatto color added seasonally), margarine (partially hydrogenated soybean oil, soybean oil, water, salt, whey, soybean lecithin, monoglycerides, sodium benzoate [as a preservative], artificial butter flavor, beta carotene [color], vitamin A palmitate), garlic, beef base (roasted beef including beef juices, autolyzed yeast extract, hydrolyzed soy protein, potato flour, dry whey, caramel color, flavorings, corn oil and paprika), spices, modified corn starch, salt.

**Allergens:** Milk, Soy



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### **Hearty Soups Continued** **(ORDER WITHOUT BREAD)**

#### *Southwest Roasted Corn*

**Ingredients:** Water, roasted corn, tomato filet (vine-ripened fresh tomatoes, tomato puree, salt, calcium chloride, citric acid), potato, green chile (green chili peppers, salt, citric acid and a trace of calcium chloride), onion, corn, black beans (black beans, water), roasted red bell pepper, red bell pepper, margarine (partially hydrogenated soybean oil, soybean oil, water, salt, whey, soybean lecithin, monoglycerides, sodium benzoate [as a preservative], artificial butter flavor, beta carotene [color], vitamin A palmitate), sauteed vegetable base (cooked vegetables [carrot, onion and celery], salt, sugar, corn oil, potato flour and carrot powder), stone ground corn flour, vegetarian chicken base (water, salt, hydrolyzed soy and corn protein, soy protein concentrate, corn oil, onion powder, autolyzed yeast extract, flavoring, soy protein isolate, sugar, garlic powder, and turmeric), spices, spring onion, salt, modified corn starch, Tabasco (vinegar, red pepper, salt).

**Allergens:** Milk, Soy

#### *Vegetarian Black Bean*

**Ingredients:** Water, black beans, onion, celery, red bell pepper, vegetarian vegetable base (baked carrots, lima beans, natural flavorings, tomato paste, cooked potatoes, corn oil, celery and onions), modified corn starch, spices, salt, lemon juice, garlic.

**Allergens:** None

#### *Vegetarian Chili*

**Ingredients:** Water, pinto beans, crushed tomato (vine-ripened fresh tomatoes, a blend of extra virgin and pure olive oil, fresh basil leaves, salt, and citric acid), tomato filet (vine-ripened fresh tomatoes, tomato puree, salt, calcium chloride, citric acid), kidney beans, onion, vegetarian vegetable base (baked carrots, lima beans, natural flavorings, tomato paste, cooked potatoes, corn oil, celery and onions), carrot, red bell pepper, green bell pepper, garlic, salt, spices, modified corn starch, Tabasco (vinegar, red pepper, salt).

**Allergens:** None

#### *Vegetarian Lentil*

**Ingredients:** Water, crushed tomato (vine-ripened fresh tomatoes, a blend of extra virgin and pure olive oil, fresh basil leaves, salt, and citric acid), lentils, tomato sauce (vine-ripened fresh tomatoes, salt, citric acid, onion powder, garlic powder), onion, carrot, modified corn starch, salt, spices, garlic, vegetarian vegetable base (baked carrots, lima beans, natural flavorings, tomato paste, cooked potatoes, corn oil, celery and onions).

**Allergens:** None

#### *Vegetarian Portobello and Roasted Tomato Bisque*

**Ingredients:** Water, tomato, mushrooms, onion, whole milk (Vitamin D added), heavy cream, potato, portobello mushroom, Swiss cheese (Swiss cheese [pasteurized part-skim milk, cheese culture, salt, enzymes], water, milkfat, sodium phosphate, salt, with cellulose powder added to prevent caking), Brie cheese (Brie cheese [pasteurized cultured milk and cream, salt, enzymes], water, sodium phosphate), butter (cream, annatto color added seasonally), rice flour, tomato sauce (tomato puree, salt, citric acid, onion powder, garlic powder), air dried roma tomato, mushroom concentrate (sautéed mushrooms, salt, sugar, butter [cream, flavorings], yeast extract, flavorings, hydrolyzed soy and corn protein, modified food starch, disodium inosinate/disodium guanylate, onion powder, spice), shallot, vegetarian base (water, salt, hydrolyzed soy and corn protein, soy protein concentrate, corn oil, onion powder, autolyzed yeast extract, flavoring, soy protein isolate, sugar, garlic powder, and turmeric), roasted garlic, garlic, spices, portobello mushroom concentrate (roasted portobello mushrooms and flavoring, salt, potato flour, dry whey, autolyzed yeast extract, butter [cream, flavoring], sugar, onion powder and disodium inosinate/disodium guanylate), roasted tomato base (roasted tomatoes and tomato paste, salt, sugar, natural flavorings and cilantro), modified corn starch, cayenne pepper sauce (aged cayenne red peppers, vinegar, water, salt, garlic powder), salt.

**Allergens:** Milk, Soy